Preventive care for LGBT populations addresses known evidence-based health disparities. It may also be dynamic, tailored to each patient's physical and psychosocial situation. Through a series of case studies and interactive discussion, our expert practitioners will explore best practices in preventive care for LGBT people, with an emphasis on cancer, vaccinations, cardiovascular, mental health and other screenings. The panelists will also share overarching themes and approaches to preventive care for LGBT people, including pitfalls and barriers that present obstacles to ideal preventive care for the LGBT community.

By the end of this session, you will be able to:
- Describe best practices in preventive care and screening for LGBT patients.
- List barriers and obstacles that negatively impact routine preventive care for LGBT individuals.
- Share overarching approaches and principles regarding preventive care for LGBT populations.

Speakers:

**Tri Do, MD, MPH, FACP**, is the Medical Director at API Wellness Center and an Assistant Professor of Medicine at the University of California, San Francisco. Dr. Do served on the board of GLMA for over a decade and is a former president. At UCSF, his research focuses on the social epidemiology of health disparities in LGBT populations globally. At API Wellness Center, he founded the opening of a federally-qualified LGBT health center serving people of color, immigrants, homeless, and low-income persons. He has also been an HIV-treating physician and attending since 2001 at San Francisco General Hospital. Globally, he has provided medical support for HIV clinic scale-up for the Centers for Disease Control and Prevention through clinical planning, mentoring and supervision. He has developed and delivered transgender-sensitivity training for medical providers internationally and has been a contributor to HIV treatment and prevention in developing countries.

**Kevin Kapila, MD**, is the Medical Director of Behavioral Health at Fenway Health. He is a board certified provider in Internal Medicine and Psychiatry and practices both in both fields. His psychiatry practice is focused on the care of the LGBT community and his primary care practice is focused on the care of MSM. Dr. Kapila has lectured in the US and internationally on issues related to the medical and mental health needs of the LGBT community.

**Jennifer Potter, MD**, is an Associate Professor of Medicine at Harvard Medical School and Director of women's health programs at Beth Israel Deaconess Medical Center and Fenway Health in Boston, MA. She is a strong proponent of clinical QI efforts implemented in a patient-centered medical home model. In addition to 1) developing a program to improve HPV vaccine rates, her scope of work in the LGBT health arena includes: 2) inquiry into barriers to use of an electronic medical record to track preventive services; 3) predictors of adherence to cervical cancer screening recommendations; 4) identification of a high rate of unsatisfactory Pap tests among people on the transmasculine spectrum; 5) comparative effectiveness of different outreach strategies to enhance cervical cancer screening rates; and 6) feasibility of routine breast cancer risk assessment in a population of LBT patients receiving mammograms.
perspectives on how these initiatives impact individual providers who are part of their association as well as how GLMA and its membership can support their efforts to improve the health and well-being of LGBT people.

By the end of this session, you will be able to:

- Describe significant policy achievements and other initiatives health professional associations have adopted to promote LGBT health.
- List challenges and opportunities health professional associations have for future work on LGBT health.
- Share how you, as a member of a professional society, can help that organization address LGBT health.

Speakers:

**Diane Bruessow, PA-C**, is nationally certified and has over 20 years experience practicing medicine in NY and NJ. Diane's practice (www.healthytransitionsllc.org) is dedicated to the medical aspects of transgender health – with emphasis on adolescent health - and her practice model is unlike any other: in addition to office visits in NJ, she provides house calls across New York City. Her patients are across the lifespan and across the spectrum of genders. She utilizes a shared medical decision-making model and practice patient-centered care that is vital to a healthy transition. Bruessow has served on many national and state-level advisory councils including the National LGBT Cancer Network, and medical boards including recently being elected to a 2nd term serving as a Director-at-Large for the American Academy of Physician Assistants (PA). She is a past president of the LGBT PA Caucus and formerly served on GLMA's board of directors. Bruessow's additional interests include the performing arts, philanthropy and a full night's sleep. She resides in Queens, NY with her rescue puppy, Schultzi.

**Douglas C. Haldeman, PhD**, is Professor and Chair of the Doctoral Program in Clinical Psychology at John F. Kennedy University in Pleasant Hill, CA. For thirty years, he maintained an Independent Practice in Seattle. His long publication record includes issues of Ethics, Family systems, Practice Guidelines for marginalized groups, and competent treatment of lesbian, gay and bisexual individuals and families. This scholarship has won him a number of awards, including a Presidential Citation from the American Psychological Association (2005), the John D. Black Award from the Society of Counseling Psychology (2007) and the Outstanding Achievement Award from APA's Committee on Lesbian, Gay, Bisexual and Transgender Concerns (2002). Dr Haldeman served as a consultant with mental health organizations and the California legislature in developing the nation's first legislation prohibiting the use of sexual orientation conversion therapy on minors by licensed mental health professionals. Dr. Haldeman has held a number of positions in APA Governance, including a term on the Board of Directors (2006-2008), serving as Chair of the Board for the Advancement of Psychology in the Public Interest, and numerous other Committees and Task Forces. Currently he represents the Division of Independent Practice on APA's Council of Representatives, serves as Chair-Elect of the Council Leadership Team, and is a Trustee on the Board of the American Psychological Association Insurance Trust (APAIT).

**David M. Keepnews, PhD, JD, RN, NEA-BC, FAAN**, is a Professor of Nursing at Hunter College of the City University of New York (CUNY), where he teaches courses on healthcare systems, policy and law. He is also a member of the Nursing PhD faculty at the CUNY Graduate Center. He is a current Robert Wood Johnson Foundation Executive Nurse Fellow. Since 2010, Dr. Keepnews has been a member of the Board of Directors of the American Academy of Nursing. He currently serves as its Secretary. Previously, Dr. Keepnews served for a decade as Editor of Policy, Politics & Nursing Practice and has served in professional staff positions at the New York Academy of Medicine, the American Nurses Association and the California Nurses Association, and as an Assistant Regional Counsel for the U.S. Department of Health and Human Services. He also practiced as a nurse in New York and San Francisco.

**Robert M. Wah, MD**, a reproductive endocrinologist and ob-gyn in McLean, Va., was president of the American Medical Association from June 2014 to June 2015. Dr. Wah served as chair of the AMA Board of Trustees from June 2011 to June 2012. He and teaches at the Walter Reed National Military Medical Center in Bethesda, Md., and the National Institutes of Health. As division head and vice chairman of the Navy's largest ob-gyn training program, Dr. Wah was voted Teacher of the Year by his residents, and his group started the first military IVF program on the West Coast. He has served on the faculties of Harvard Medical School, University of California, San Diego, and Uniformed Services University of the Health Sciences.
Moderator:

**Henry Ng, MD, MPH, FAAP, FACP** has been President of GLMA: Health Professionals Advancing LGBT Equality since 2013. He currently serves as the Director for the Center of Internal Medicine-Pediatrics at MetroHealth Medical Center in Cleveland. Dr. Ng completed his BS in Biochemistry and his MD at Michigan State University. He completed his residency and chief residency in Internal Medicine-Pediatrics at MetroHealth and joined the faculty in 2006. In 2011, he completed a MPH degree at Case Western Reserve University with a special emphasis on Health Promotion/Disease Prevention for LGBT populations. He holds the rank of Assistant Professor. Dr. Ng's passion is to improve access to and provide culturally effective care to vulnerable populations. He helped develop and serves as the Clinical Director of the PRIDE Clinic, Ohio's only medical home for LGBT patients. He has been recognized for his dedication to medical education and has received a number of community and academic awards.

**LUNCH PLENARY**

Bisexual Health: Research, Clinical Care & Policy Considerations
Friday, September 25, 2015, 12:45 - 2:00pm

Many studies show as many as 50% of LGB people identify as bisexual and bisexual people often report the poorest mental and physical health of any sexual orientation. Despite this data showing the prevalence of bisexuality and pervasive health disparities and health-related concerns experienced by bisexual people, health issues impacting the bisexual community have been largely invisible within LGBT health discussions. But that is changing, in part due to growing awareness among providers, researchers and policymakers spurred by an increasingly vocal and visible bisexual community. Fresh on the heels of a White House Bisexual Community Policy Briefing earlier this week in recognition of Bisexual Awareness Week, our panelists will share their perspectives on the current state of understanding of bisexual health and recommendations on policy, clinical and research priorities to address the health concerns of a too often overlooked segment of the LGBT community.

By the end of this session, you will be able to:

- Describe the pervasive health disparities and health-related concerns experienced by bisexual people.
- Explain the current best practices for clinical care, efforts to develop research, and advances in policy to address health concerns for bisexual people.
- Share next steps for addressing clinical care, research and policy to improve the health and well-being of the bisexual community.

**Speakers:**

The co-author of *Bisexual Health: An Introduction*, **Amy Andre, MA, MBA**, is a writer and scholar who has presented her research on bisexual health to the White House. Prior to that, she served on a federal task force in partnership with the office of the Surgeon General. Amy has been featured as an LGBT and bisexual health expert in media outlets ranging from CNN to PBS and writes for the Huffington Post. She has educated thousands of people at over 100 universities, conferences, and organizations, including Harvard, UCLA, Microsoft, and Stanford Medical School. Recently, she co-authored a report on bisexual youth for the Human Rights Campaign, presenting data from the largest study of its kind on LGBT youth. Amy received a master's degree in Sexuality Studies, cum laude, and, as a Point Foundation Scholar, earned an MBA from the University of California at Berkeley.

**Judith Bradford, PhD,** is director of the Center for Population Research in Lesbian, Gay, Bisexual and Transgender (LGBT) Health at The Fenway Institute (TFI), and co-chairs TFI with Kenneth Mayer, MD. Dr. Bradford has participated in LGBT health research since 1984, working with public health programs and community-based organizations to conduct studies on LGBT people and racial minority communities and to translate results into programs to reduce health disparities. She was a member of the recent Institute of Medicine Committee on LGBT Health Issues and Research Gaps and Opportunities.

**Robert J. Winn, MD,** is the medical director at Mazzoni Center, Philadelphia's only health center focused on the needs of the region's lesbian, gay, bisexual, transgender (LGBT) communities. He received his M.D. from the Hahnemann University (now Drexel University) School of Medicine in 1998. Following his residency at the University of Pennsylvania, Dr. Winn became an instructor at Jefferson Medical College, Thomas Jefferson University in 2001. His special interest in the health disparities of LGBT communities, as well as HIV care, transgender care
and adolescent health, is reflected in his lectures and seminars to the medical and lay communities, as well as in his research endeavors at Jefferson and his development of clinical programming at Mazzoni Center.

Moderator:

GLMA President-Elect Jesse Joad, MD, MS, is Professor of Pediatrics and Associate Dean of Diversity and Faculty Life Emerita at University of California, Davis School of Medicine. She is now working as an ad hoc member of various Advisory Committees of the FDA and as a consultant to industry working on achieving FDA approval. She also works as an executive coach for leaders in academic medicine.

PLENARY IV

Kimberly Clermont Memorial Lecture on Lesbian Health: Results from Five Model Programs to Promote Healthy Weight in Older Lesbian and Bisexual Women

Friday, September 25, 2015, 5:00 - 6:15pm

In response to the dearth of research on lesbian and bisexual women, the “Healthy Weight Initiative for Lesbian/Bisexual Women” was funded by the Office on Women’s Health in 2012. A cross-set analysis of data from the five initiatives: Projects DIFO (San Francisco area), LOLA (Missouri), MOVE (DC area), SHE (New York City), and WHAM (San Francisco area) used standardized instruments to evaluate changes from baseline to post-intervention in quality of life (mental and physical scores), consumption of fruits and vegetables, alcohol consumption, sugar sweetened beverage consumption, and physical activity. Biometrics of self-reported or measured weight/waist circumference to height ratio was also evaluated. Each project’s intervention lasted 12-16 weeks with all having support sessions plus a variety of health-improvement education/behavior strategies. This Office of Women's Health initiative, the first of its kind, provides valuable information about group interventions to support weight loss, physical activity, healthy eating, and social connection tailored to older sexual minority women.

By the end of this session, you will be able to:

• Explain the relevance of targeting sexual minority older women for behavior change interventions.
• Identify five behaviors that improved through participation in model healthy weight programs.
• Discuss the issue of focusing on healthy behavior changes versus achieving a healthy weight.

Speakers:

Mickey Eliason, PhD, is currently a professor at San Francisco State University in Public Health/Health Education with a background in nursing and health psychology. She has been studying LGBT health issues for over 25 years, most recently focusing on health of older sexual minority women in a self-serving attempt to improve the conditions for old dykes as she herself ages. She also occasionally does lesbian stand-up comedy.

Suzanne Haynes PhD, is an epidemiologist with 20 years of experience in Women’s health, and lesbian health, at the DHHS Office on Women’s Health. Her work has focused on breast cancer risk in lesbians, research in lesbian health, the inclusion of lesbian and bisexual identity questions in women’s health studies, and prevention trials for Lesbian and Bisexual women’s health. She received numerous honors from her work, including awards from GLMA, the Mautner Project, UCSF, and Fenway. She has been a member and chair of the Lesbian Health Fund since its formative year. She has published over 90 articles in peer reviewed journals.

Jane A. McElroy, PhD, is an Associate Professor in the Family and Community Medicine Department and part of the Epidemiology Group at MU Research Reactor at the University of Missouri-Columbia. She has a decade of experience in epidemiology work including studies using cross-sectional, (breast and endometrial) cancer case-control, and randomized control trial designs. She is co-director on the highly successful Out, Proud and Healthy Project, a serial Missouri Foundation for Health funded project examining health and risk factors such as tobacco use in the SGM (sexual and gender minority) community in Missouri (www.outproudandhealthy.org). She is also the MU principal investigator for Project LOLA, which is a U.S. Office of Women’s Health funded RCT focused on improving the health and fitness of sexual minority women age 40 and over.
PLENARY V
Stanley Biber Memorial Lecture on Transgender Health: Winning Trans-Inclusive Insurance Coverage: State Successes and Next Steps
Saturday, September 26, 2015, 5:00 - 6:15pm

The momentum for trans-inclusive health insurance coverage is growing fast: In the last 3 years alone, Medicare has eliminated its longstanding transgender exclusion, 10 states and the District of Columbia have prohibited trans exclusions in health insurance plans, and Medicaid programs in 8 states plus DC have affirmed coverage for health care related to gender transition. Oregon and Washington have been leaders on this nationwide effort to ensure that neither public nor private health coverage is allowed to discriminate against transgender people. This workshop will explore the successes in the states to date, provide an overview of the serious policy challenges that remain even when trans exclusions have been lifted – such as availability of providers, scope of covered services, and provider reimbursement rates – and connect the dots between these state victories and national efforts to leverage the protections of the Affordable Care Act to finally prohibit trans exclusions once and for all.

By the end of this session, you will be able to:

• Describe the successful efforts in the states, including Washington and Oregon, to remove barriers to coverage for transgender people from both public (Medicaid) and private insurance coverage.
• Identify remaining challenges to ensuring that fully inclusive coverage is a reality for all transgender people in these and other states.
• Develop strategies to leverage state and federal policy wins to advance trans-inclusive health insurance coverage in all states.

Speakers:

Danni Askini, MSW, (They/Them) is the Executive Director of Gender Justice League – a trans activist collective based in Seattle, Washington. They are a medical social worker and longtime activist. Their work has spanned teaching the Northwest's first trans medical school class at the University of Washington to working as the policy director of Basic Rights Oregon. Danni was a founding member of the Coalition for Inclusive Healthcare and was instrumental in repealing health insurance exclusions in both Washington and Oregon's private and public health insurance plans including Medicaid in both states. They have also worked extensively on issues related to HIV, Hate Crimes, Immigration, and LGBTQ Youth.

Kellan Baker, MPH, MA, is a Senior Fellow with the LGBT Research and Communications Project at the Center for American Progress. At CAP, Kellan works on LGBT health issues across the U.S. Department of Health and Human Services and directs the LGBT State Exchanges Project, which partners with LGBT and consumer health advocates in numerous states to ensure that the benefits of the Affordable Care Act reach LGBT communities. Kellan also co-directs the "Do Ask, Do Tell" project supporting LGBT data collection in electronic health records, is a founding Steering Committee member of Out2Enroll, a nationwide initiative that works to connect LGBT people and their families with their new coverage options under the health reform law, and serves on the board of the Equality Federation.

Anand Kalra, MA, is Health Programs Manager at Transgender Law Center, where he coordinates policy projects related to transition-related and HIV care for trans and gender non-conforming people. Anand applies systems analysis to identify breakdowns in the administration of health care in the private and public sectors, and uses this knowledge to create understandable educational materials and trainings for transgender community members and service providers. Prior to joining Transgender Law Center, Anand worked in public schools, private museums, academic libraries, and a pediatric clinic. He has ten years’ experience as an activist in trans and LGB communities and holds a master's degree in Information Science from the University of Michigan. Anand lives in Oakland with his cats, Finch and Sparrow.
Disclosure of Relevant Financial Relationships with Commercial Interest of Speakers:

Robert M. Wah, MD
Employer: CSC

Tri Do, MD
Former Employer: Roche Diagnostics